

**JUNE  
HOPE DRIVE**

# SHOPPING LIST

**Pantry items  
still low!  
All items are in  
great need**

## Food Items

Pasta  
Pasta sauce  
Rice packets  
Cooking Sauces  
Instant Noodles  
Tinned Veggies  
Tinned Salmon/Tuna  
Tinned Ham/Chicken  
Tinned & Satchel Soup  
Baked Beans/Spaghetti

Cereal  
Long Life Milk  
Tinned Fruit  
Coffee Sachets & Tea  
Sugar  
Spreads  
Sweet Biscuits  
School Snacks for Children  
Muesli Bars  
Chips and Crackers  
Juice Poppers  
Baking Mixes

## Home Items

Toothpaste  
Shampoo & Conditioner  
Ladies Sanitary Pads -  
Deodorant (male & female)  
Hand Soap & Shower Gel  
Dishwasher Liquid/Powder  
Dish Detergent  
Paper Towels  
Clothes Washing Powder  
Multipurpose Cleaning Sprays  
Toilet Paper & Toilet Cleaners  
Nappies Size 5 & 6 ONLY

Or you can donate financially at [hopefield.org.au/donate](https://hopefield.org.au/donate)

