

## GBC Discipleship RESOURCE



# 7 Letters 7 Lessons

## Week One | Remember Your First Love

### 1. PASSAGES TO MEDITATE ON

Remember, this is designed to help you. Do what is most helpful for you!

- Revelation 2:1-7 (This is our text for the sermon)
- Deuteronomy 6:4-9; Psalm 18:1-2; Matthew 6:24; John 13:34-35 (These passages all focus on our love for God).

### 2. JOURNALING QUESTIONS

A few questions to get you started

- In what ways is your relationship with Jesus like that in Ephesus? (e.g., How have you persevered? What is the hard work you have done?)
- If you've been following Jesus for a while, what did you do at the beginning that is different to now?
- If you've only just begun following Jesus, what are you doing that is an expression of your love for him?

- What does it mean to “love” Jesus? How would you know someone loved Jesus?

### 3. PRAYER THEME

Your love for Jesus.

### 4. CREATIVE ACTIVITY

After you have allowed this text to sink into your heart a bit, write a love letter to Jesus.

### 5. A TEXT TO INTERNALISE

Deuteronomy 6:4-5