

AUGUST HOPEDRIVE

SHOPPING LIST

Highlighted items
in green are of
greatest need

Food Items

Pasta

Jars of Pasta Sauce

Rice packets

Cooking Sauces

Instant Noodles

Tinned Veggies

Tinned Salmon/Tuna

Tinned Ham/Chicken

Tinned & Satchel Soup

Baked Beans/Spaghetti

Cereal - No Oats

Long Life Milk

Tinned Fruit

Coffee Sachets & Tea

Sugar

Honey, Jam, Peanut Butter

Vegemite

Sweet Biscuits

School Snacks for Children

Muesli Bars

Chips and Crackers

Juice Poppers

Baking Mixes

Home Items

Toothpaste - No Toothbrushes

Shampoo & Conditioner

Ladies Sanitary Pads - No Tampons

Deodorant (male & female)

Hand Soap & Shower Gel

Dishwasher Liquid/Powder

Dish Detergent

Paper Towels

Clothes Washing Powder

Multipurpose Cleaning Sprays

Toilet Paper & Toilet Cleaners

Nappies Size 6 ONLY

Or you can donate financially at hopefield.org.au/donate

